

COMBINED EVENT PROGRAM

Under 6 Boys	Under 6 Girls	Under 7 Boys	Under 7 Girls	Under 8 Boys	Under 8 Girls	Under 9 Boys	Under 9 Girls	Under 10 Boys	Under 10 Girls	Under 11 Boys	Under 11 Girls	Under 12 Boys	Under 12 Girls	Open Boys	Open Girls
Warm UP															
Discus (DS1a)	Shot Put (DS2a)	Long Jump (JP1)	Long Jump (JP1a)	60mH 45cm Back		60mH 45cm Back		60mH 60cm Back		80mH 60cm Front		80mH 68cm Front		100mH (U15B,16B) 90mH (U16G,U15G,U14B) 80mH (U14G,U13)	
				Long Jump (JP4)	Shot Put (Ds1a)	Discus (DS2a)	Long Jump (JP4a)	Long Jump (JP3)	Shot Put (SP2)	Discus (DS2)	Long Jump (JP2)	High Jump 2 Maximum 8 Jumps	Shot Put (SP1)	Discus (DS1)	High Jump 1 Maximum 8 Jumps
60mH 20cm Back		60mH 30cm Back													
Long Jump (JP1)	Long Jump (JP2)	Discus (DS1a)	Shot Put (Ds2a)	100m Front	100m Front	100m Front	100m Front	100m Front	100m Front	800m Back/Circ	800m Back/Circ	800m Back/Circ	800m Back/Circ	800m Back/Circ	800m Back/Circ
				Discus (DS2a)	Long Jump (JP4)	Long Jump (JP4a)	Shot Put (SP3)	Discus (DS2)	Long Jump (JP3)	Long Jump (JP2)	Shot Put (SP2)	Discus (DS1)	High Jump 2 Maximum 8 Jumps	High Jump 1 Maximum 8 Jumps	Shot Put (SP1)
70m Back	70m Back	70m Back	70m Back												
300m Circ	300m Circ	400m Back/Circ	400m Back/Circ	400m Circ	400m Circ	800m Back/Circ	800m Back/Circ	800m Back/Circ	800m Back/Circ	100m Front	100m Front	100m Front	100m Front	100m Front	100m Front
PRESENTATIONS															

	Hurdle Information														Distance
	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	Under 13	U14 Girls	U14 Boys	U15/16 G	U15/16B/17G	U17 Boys		
Distance	60mH	60mH	60mH	60mH	60mH	80mH	80mH	80mH	80mH	90mH	90mH	100mH	110mH	Distance	
Height	20cm	30cm	45cm	45cm	60cm	60cm	68cm	76cm	76cm	76cm	76cm	76cm	76cm	Height	
Colour	Red	Red	Red	Red	Red	Black	Black	Black	Black	White	White	Yellow	Blue	Colour	
Number	6	6	6	6	6	9	9	9	9	9	9	10	10	Number	