MULTI EVENT

	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12-15	
08:30	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	08:30
08:35								08:35
08:40								08:40
08:45	Long Jump	Long Jump	100m	Discus			100mH (U15B) 90mH (U15G,U14B,U13B) 80mH (U14G,U13G,U12)	08:45
08:50								08:50
08:55								08:55
09:00					80mH	80mH		09:00
09:05								09:05
09:10								09:10
09:15			60mH	80mH	Discus		Long Jump	09:15
09:20								09:20
09:25								09:25
09:30	60mH	60mH				100m		09:30
09:35								09:35
09:40								09:40
09:45			Discus	800m		Long Jump		09:45
09:50								09:50
09:55								09:55
10:00	70m	70m					100m	10:00
10:05								10:05
10:10								10:10
10:15	Discus	Discus		100m	Long Jump			10:15
10:20								10:20
10:25								10:25
10:30							800m	10:30
10:35								10:35
10:40								10:40
10:45			400m	Long Jump		Discus		10:45
10:50								10:50
10:55								10:55
11:00	400m	400m			100m			11:00
11:05								11:05
11:10								11:10
11:15			Long Jump			800m	Discus	11:15
11:20								11:20
11:25								11:25
11:30					800m			11:30
11:35								11:35
11:40								11:40
11:45	MEDALS PRESENTATION	MEDALS PRESENTATION	MEDALS PRESENTATION	MEDALS PRESENTATION	MEDALS PRESENTATION	MEDALS PRESENTATION	MEDALS PRESENTATION	11:45
11:50								11:50
11:55	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12-15	11:55
12:00								12:00

CLUB CHAMPIONSHIP - Day 1

	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	U13-U15	
08:30	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	08:30
08:35									08:35
08:40									08:40
08:45	High Jump Scissor Bags	Shot Put 1kg	Shot Put 1.5kg	TurboJav Small		70m	200m	Triple Jump	08:45
08:50									08:50
08:55									08:55
09:00					200m				09:00
09:05									09:05
09:10									09:10
09:15						200m	70m		09:15
09:20									09:20
09:25									09:25
09:30				400m Laned	70m		Shot Put U12G 2kg U12B 3kg		09:30
09:35									09:35
09:40									09:40
09:45		TurboJav Small	High Jump Small Blue & Large Blue		High Jump Telstra & Green	TurboJav Large		1500m	09:45
09:50									09:50
09:55									09:55
10:00	200m			Triple Jump					10:00
10:05									10:05
10:10									10:10
10:15							1500m		10:15
10:20									10:20
10:25									10:25
10:30	Shot Put 1kg							TurboJav Large	10:30
10:35									10:35
10:40									10:40
10:45		200m		70m	Shot Put 2kg	Triple Jump	High Jump Telstra & Green		10:45
10:50									10:50
10:55									10:55
11:00			70m						11:00
11:05									11:05
11:10									11:10
11:15								200m	11:15
11:20									11:20
11:25									11:25
11:30						1500m			11:30
11:35									11:35
11:40									11:40
11:45	Wrap UP	Wrap UP	Wrap UP	Wrap UP	Wrap UP	Wrap UP	Wrap UP	Wrap UP	11:45
11:50									11:50
11:55	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	U13-U15	11:55
12:00									12:00

CLUB CHAMPIONSHIP - Day 2

	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	U13-15	
08:30	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	Warm UP	08:30
08:35									08:35
08:40									08:40
08:45	TurboJav Small	High Jump Scissor Bags	Triple Jump	Shot Put 2kg		High Jump Telstra & Green	TurboJav Large	300mH 68cm	08:45
08:50									08:50
08:55									08:55
09:00					400m Laned			Shot Put U13-15G 3kg U13B 3kg U14-U15B 4kg	09:00
09:05									09:05
09:10									09:10
09:15									09:15
09:20									09:20
09:25									09:25
09:30			TurboJav Small	200m	Triple Jump				09:30
09:35									09:35
09:40									09:40
09:45	80mH 45cm	80mH 45cm		High Jump Small Blue & Large Blue		400m Laned		High Jump Telstra & Green	09:45
09:50									09:50
09:55									09:55
10:00							400m Laned		10:00
10:05						Shot Put 2kg			10:05
10:10									10:10
10:15	100m	100m	80mH 45cm		TurboJav Large		Triple Jump		10:15
10:20									10:20
10:25									10:25
10:30			200m						10:30
10:35									10:35
10:40									10:40
10:45	MEDALS PRESENTATION	MEDALS PRESENTATION		60mH 45cm					10:45
10:50									10:50
10:55									10:55
11:00					60mH 60cm	60mH 60cm		400m Laned	11:00
11:05			MEDALS PRESENTATION	MEDALS PRESENTATION					11:05
11:10									11:10
11:15							60mH 68cm		11:15
11:20									11:20
11:25					MEDALS PRESENTATION	MEDALS PRESENTATION			11:25
11:30									11:30
11:35									11:35
11:40									11:40
11:45							MEDALS PRESENTATION	MEDALS PRESENTATION	11:45
11:50									11:50
11:55									11:55
12:00									12:00
12:05	Under 6	Under 7	Under 8	Under 9	Under 10	Under 11	Under 12	U13-15	12:05
12:10									12:10